

# Seaway Festival 5K

At the Edwin Dobisky Community Center, Ogdensburg, NY

**Race Date and Time:** Wednesday July 23, 6:30 pm

**Race Course:** We will follow the Maple City Trail over the bridge to Hosmer's and out lower Lake Street.

**Registration:** Will begin at 5:30 pm at the Dobisky Center  
Riverside Drive. Ogdensburg, NY



**Race Fee:** \$10.00

**Pre-register:** \$10.00 payable to Seaway Festival 5K  
C/O John Tebo 705 Picquet Drive Ogdensburg, NY 13669

**Awards:** Top Male and Female runners will receive a trophy. Medals will be presented to first place male and female finishers in each of the following divisions: walkers, youth (14 and under), high school (15-19), 20-29, 30-39, 40-49, 50-59, 60-69, 70 and above.

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## Application

Last name \_\_\_\_\_ First Name \_\_\_\_\_  
Gender \_\_\_\_\_ Age on race day \_\_\_\_\_ email \_\_\_\_\_  
Street \_\_\_\_\_ City \_\_\_\_\_  
State/Province \_\_\_\_\_ zip \_\_\_\_\_

Waiver: In consideration of your accepting this entry, I, intending to be legally bound, do hereby for myself and my heirs, executors, administrators, waive and release any and all claims for damages I may accrue against the person and organizations affiliated with the race for any and all injuries that may be suffered by me at or enroute to or from the event. I attest that I am physically fit and sufficiently trained for this competition, as part of the waiver I acknowledge that I have read and understand all of the above.

Signed \_\_\_\_\_ Date \_\_\_\_\_

All entrants must sign waiver. If entrant is under 18, a parent or guardian must sign.

